

Alternative Phrases for I'm Busy

1. **I'm all booked up** (there's no space left in the planner book)

Ex: I'm sorry, but I'm all booked up this week.

2. **I've got a lot to do** (incredibly busy)

Ex: **I've got a lot to do** this week end so I can't make it on your birthday party.

3. **I've got a lot going on.**

Ex: I don't know. **I've got a lot going on** so I can't come today.

4. **I've got a lot on the go**

Ex: Maybe not today, because **I've got a lot on the go** and I have to finish today.

5. **I've got a lot on my plate**

Ex: My Boss just gave me so many things to do today to finish and I need to pick the kids at school, so **I've got a lot on my plate.**

6. **I'm up to my ears!** – used to express exaggeration pointing to your ears.



Ex: With all these things going on today, **I'm up to my ears!**

7. **I'm tied up.**(we've got so many responsibilities)

Ex: I can't go with you tomorrow, **I'm all tied up** with these paper works.

8. **I can't take anything else on.**

Ex: With all these complain emails, **I can't take anything else on.**

9. **I'm overstretched/ I'm overloaded**

Ex: **I'm so overstretched** this week because of the new delivery of these sample products for distribution.

10. **My diary is full.**

Ex: I believe I can't accept your invitation for lunch, **my diary is full.**

11. **I have other priorities**

Ex: I want to go with you but **I have other priorities.**